**Directions to Metabolic Nutrition Program**

**Los Gatos Medical Park, 800 Pollard Road, Building A**

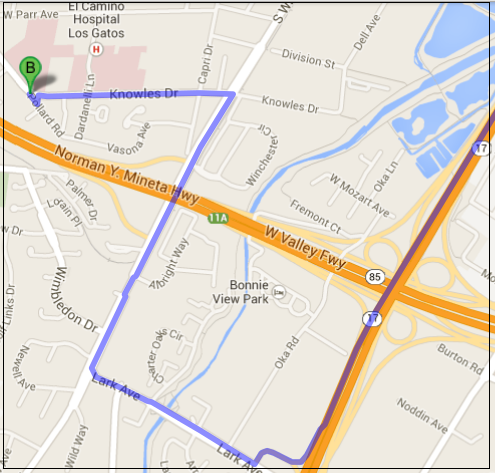
The office is directly across the street from El Camino Hospital, Los Gatos

All directions include:

* Turn left from Winchester onto Knowles Dr.
* Knowles Dr ends at Pollard Rd where the road curves (0.4 miles)
* Los Gatos Medical Park is on the left.
* Our office is in the building on the right
* We share space with Dr Steven Swengel

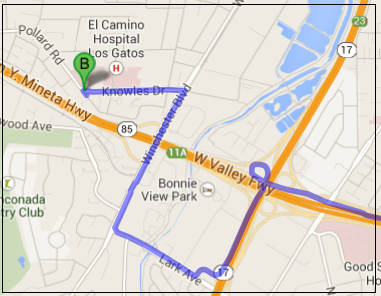
From San Jose:

* Hwy 17 South
* Exit Lark Ave and turn right
* Turn right on Winchester Blvd
* Turn left on Knowles Dr
* Knowles becomes Pollard Ave at 800 Pollard



From the Gilroy area

* Hwy 101 North to 85 North
* Hwy 17 South towards Santa Cruz
* Exit Lark Ave and turn right
* Turn right on Winchester Blvd
* Turn left on Knowles Dr
* Knowles becomes Pollard at 800 Pollard



From Santa Cruz area

* Hwy 17 North to San Jose
* Exit Lark Ave and turn left
* Turn right on Winchester Blvd
* Turn left on Knowles Dr
* Knowles becomes Pollard Ave at 800 Pollard



From the Peninsula

* Take 280 South (or 101 South) to Hwy 85 South
* Exit at Winchester Blvd and turn left
* Turn left on Knowles Dr
* Knowles becomes Pollard Ave at 800 Pollard

