

NUTRITIONAL INFORMATION

	CHOCOLATE	VANILLA	STRAWBERRY	POTATO	CHICKEN
CALORIES	160	160	160	160	140
PROTEIN, GM	15	15	15	15	13
CARB, GM	24	24	24	21	16
FAT, GM	1.5	1	1	1	2.5
SODIUM, MG	320	310	310	320	500
FIBER	2	2	2	2	0

4 MEAL REPLACEMENT PACKETS PROVIDE THE RECOMMENDED DAILY ALLOWANCE OF VITAMINS, MINERALS AND ESSENTIAL FATS

MANY PATIENTS ALSO TAKE OMEGA-3 / FISH OIL SUPPLEMENTS CONTAINING EPA & DHA, ABOUT 1000 MG/DAY

MNP Program Options

- Meal Plan 1, approximately 650 calories
 - 4 packets per day
 - 8 boxes every 4 weeks
- Meal Plan 2, approximately 800 calories
 - 5 packets per day
 - 10 boxes every 4 weeks
- Better Weighs, approximately 1000 calories
 - 2-3 packets per day plus a 450 calorie meal
 - 5 boxes every 4 weeks
- All meal plans have the option to add 200-300 calories of vegetables and fruits per day